

RUNNING CLUB



Please join Mrs. Spaulding all Monday mornings that we are at school for Running Club! Students will keep track of their miles and earn toe tokens for their hard work! Throughout the year we will have different fun runs to earn special toe tokens. It will be a great way for students to get moving, plus exercise grows brain cells!!

WHO: ALL students and families can join the fun (We need volunteers, if you are available please come help out!)

WHAT: FREE Running Club

WHEN: ALL Monday mornings we are at school at 6:50 am. Please have all students here by 7:00 so we can get started and stay out of the way of the buses! Starts September 12!

WHERE: Drop off will be in the back parking lot by the 4th grade basketball black top. On rainy and cold weather mornings we will be in the gym so drop off will be at the breakfast doors. 12N *before 7 to stay out of the way of the buses!! After 7 park and walk your kids in.

WHY: For fun, to feel good, to exercise, to be with friends, and earn toe tokens!

*We will be running outside in the grass so the runners' shoe will be getting wet. They will dry but if you want to send an extra pair of shoes that might be a good idea!

E-mail Mrs. Spaulding if you would like to volunteer or have questions, spauldingl@franklinschools.org.

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First FUN RUN Sept. 26! Everyone is welcome!

