



2023-2024

FCMS & FCHS Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Eggoji Waffles Confetti Pancakes Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk	Egg & Cheese Biscuit Pop-Tart Variety Cereal Variety Yogurt & Granola/Granola Bar Fresh Fruit Variety 1% White or Chocolate Milk	Turkey Sausage Pancake Blueberry Waffles Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk	Breakfast Bistro Box Cinnamon-Glazed Pancake Cereal Variety Yogurt & Granola/Granola Bar Fresh Fruit Variety 1% White or Chocolate Milk	Sausage Biscuit Mini French Toast Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk
Breakfast Burrito Mini Cinnamon Rolls Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk	French Toast Sticks & Sausage Link Pop-Tart Variety Cereal Variety Yogurt & Granola/Granola Bar Fresh Fruit Variety 1% White or Chocolate Milk	Chicken Biscuit Maple Pancake Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk	Cheese Omelet Overnight Oats Parfait Cereal Variety Yogurt & Granola/Granola Bar Fresh Fruit Variety 1% White or Chocolate Milk	Sausage Pancake Wrap Strawberry Mini Bagels Cereal Variety Muffin & String Cheese Fresh Fruit Variety 1% White or Chocolate Milk



August 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Daily Fresh Assorted Fruit

- Banana
- Apple Slices
- Whole Apples
- Orange Slices
- Pears, Peaches, Plums
- Applesauce Cups
- Raisins & Craisins
- Chilled Fruit Cups
- DOLE Fruit Smoothie Cups

Menu may change without notice.
 This institution is an equal opportunity provider.

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