



## 2020-2021 FCMS & FCHS BREAKFAST MENU

Student Breakfast: \$1.30 / Reduced .30¢  
Adults: \$1.75

Monday	Tuesday	Wednesday	Thursday	Friday
#1 Cherry Frudel #2 Pop-Tarts  Juice Box Fresh Fruit White or Chocolate Milk	#1 Cinnamon Toast Crunch Bar #2 Cereal Bowl  Juice Box Fresh Fruit White or Chocolate Milk		#1 Cherry Frudel #2 Pop-Tarts  Juice Box Fresh Fruit White or Chocolate Milk	#1 Cinnamon Toast Crunch Bar #2 Cereal Bowl  Juice Box Fresh Fruit White or Chocolate Milk
#1 Small Uncrustable #2 Cereal Bowl  Juice Box Juice Box White or Chocolate Milk	#1 Glazed Donut #2 Pop-Tarts  Juice Box Fresh Fruit White or Chocolate Milk		#1 Small Uncrustable #2 Cereal Bowl  Juice Box Juice Box White or Chocolate Milk	#1 Glazed Donut #2 Pop-Tarts  Juice Box Fresh Fruit White or Chocolate Milk

August							September							October							November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31		
30	31																																	

  

January							February							March							April							May						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	1	2	3	4	5	6					1	2	3							1		
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
24	25	26	27	28	29	30	28							28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29	
31																												30	31					

All breakfasts include one entrée, 2 different fruit choices and a carton of non-fat or low-fat milk.

All cereals are reduced sugar and whole grain rich.



Menu may change without notice.

The USDA and the State of Indiana are equal opportunity providers and employers.

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Updated 9/4/20

Choice of Non-Fat Milk or Low-Fat Milk  
(White or Chocolate)